

Allergy Questionnaire - Intake Questions

To Be Filled Out by Patient

Patient Name

Birthdate

Reviewed By

Date

Allergic reactions can cause inflammation, which can lead to joint and **muscle aches**. Chronic body **aches** may be a sign of an immune system reaction, such as arthritis, but also can be a sign of **allergies**. Repeated coughing or sneezing as a results of your **allergies** can also cause **soreness**.

1. Do you experience any of these symptoms more than twice per year: Cough, cold, congestion, difficulty breathing, headaches, wheezing, runny nose, sore throat, itchy/irritated eyes, sinus pain, ear pain, unexplained fatigue, skin irritation, snoring? Yes No
2. Have you ever been diagnosed with asthma or bronchitis? Yes No
3. Do you experience symptoms of allergies? Yes No
4. Regarding possible food allergies, do you experiences any of the following: (check all that apply)
 - Bloating after eating
 - Constipation
 - Stomach Pain
 - Nausea
 - Tingling of the mouth or any other unusual sensation
 - Diarrhea
 - Upset Stomach
 - Indigestion
 - Vomiting